

Radiogram No. 5128u

Form 24 for 02.03.03

TORU Refresher Training

GMT	Crew	Activity
06:00–06:10		Morning inspection
06:10–06:40		Post-sleep
06:40–07:30		BREAKFAST
07:30–07:45	CDR, FE-2	Prep for work
07:30–07:40	FE-1	
07:40–07:45		PLANTS-2: payload status check
07:45–08:00		Daily planning conference (<i>S-band</i>)
08:00–10:00	CDR, FE-1	TORU refresher training. Tagup w/ ground trainer (<i>S-band</i>)
08:00–08:05	FE-2	ACS CDMK CO2 read
08:10–08:15		RWS cable connect
08:15–09:00		PUFF activation
09:00–09:30		WinSCAT psychological evaluation
09:30–09:50		Pulmonary Function in Flight (PuFF): initial calibration
09:50–10:40		PuFF: standard test
10:00–10:15	CDR	PuFF: HISD photo/video
10:15–10:45	CDR, FE-1	Ku-band config for live video transmission of Soyuz/Progress dock/undock and EVA
10:40–10:55	FE-2	Routine inspection of RED
10:45–11:15	CDR	WinSCAT psychological evaluation
10:45–11:15	FE-1	Maintenance of COЖ
10:55–11:25	FE-2	Maintenance of RED bolts
11:15–12:15	FE-1	Physical exercise (VELO + Load Trainer-1 / day 3)
11:15–12:05	CDR	PuFF: standard test
11:25–11:40	FE-2	PuFF: HISD photo/video
12:05–13:35		Physical exercise (RED)
12:15–12:45	FE-1	ISS/MCC TV link ($T_0=12:16, T_1, T_2, T_3$ will be initiated by the CПП Automated Daily Timeline) Downlink of PLASMA CRYSTAL-3 video recording. Tagup w/ ground specialist (<i>VHF</i>)
12:55–13:05	CDR	US LAB payload status check
13:05–13:35	CDR, FE-1	ISS/MCC TV link: Ku-band TV transmission test (TV config for live video of dock/undock and EVA) (<i>Ku-band</i>)
13:35–14:35		LUNCH
15:40–16:40	CDR	Physical exercise (TVIS)
15:45–16:35	FE-1	PuFF: standard test
15:45–16:00	FE-2	PuFF: HISD photo/video
16:00–17:00		Physical exercise (CEVIS)
16:35–18:05	FE-1	Physical exercise (TVIS-3)
16:40–18:10	CDR	Physical exercise (RED)
17:00–17:20	FE-2	PuFF: final calibration
17:20–18:05		PuFF: deactivation and stowage

18:05–18:10		ACS CDMK CO2 read
18:10–18:25		Daily planning conference (<i>S-band</i>)
18:25–19:05	CDR	IMS file prep
18:25–19:05	FE-1	Monitoring of microbiological environment (medium 2)
19:05–19:35		Prep for work
19:35–20:00		DINNER
20:00–20:30		Daily food prep
20:30–21:30		Pre-sleep
21:30–06:00		SLEEP

NOTE: See OSTP for references to US procedures

End of radiogram